

DELIVERING A REMOTE EXERCISE PROGRAM TO PERSONS WITH MULTIPLE SCLEROSIS

Physical activity and MS Can you help?

Murdoch University researchers are recruiting people with MS to a home-based exercise program.

They are interested in recruiting

- Those diagnosed with MS
- Who are over 18 years, and
- Who are able to walk 8 meters without aids

If you would like more information, please contact the research team at

MShealthstudy@murdoch.edu.au

OR

please follow the link below or scan the QR code:

<https://tinyurl.com/vfdljya>



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